

THE PARENT ACADEMY October 2021 **WEBINARS**



To register, please click on the preferred time.

You will receive an email with ZOOM log on information. Sessions are 1 hour long.

TUESDAY 10/05/21 – CHALLENGING BEHAVIORS

How to address challenging behaviors at home.

10 AM

6 PM

TUESDAY 10/12/21 – ONLINE SAFETY

Helps parents monitor and protect children while online.

(→ 10 AM 6 PM

TUESDAY 10/19/21 – UNDERSTANDING ADOLESCENCE

Tips for understanding teenagers.

(F) 10 AM

6 PM





Nov-Dec 2021 WEBINARS



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TUESDAY 11/02/21 READ-AT-HOME PLAN

Help your child develop reading skills (K-5).

F

10 AM

6 PM

TUESDAY 11/16/21 BOOK CLUB

Learn about The Children's Trust Book Club and how to receive a new book every month (0 to 5 years of age).

F

<u> 10 AM</u>

6 PM

TUESDAY 11/30/21 MINDFULNESS FOR FAMILIES

Learn about mindfulness practices for families.

F

<u>10 AM</u>

6 PM

